



What is AMVUTTRA® (vutrisiran)?

AMVUTTRA is a prescription medicine that treats the:

- cardiomyopathy of wild-type or hereditary transthyretin-mediated amyloidosis (ATTR-CM) in adults to reduce heart-related death, hospital stays and urgent visits.
- polyneuropathy caused by hereditary transthyretin-mediated amyloidosis (hATTR-PN) in adults.

Your doctor discussion guide

This guide is a personalized tool that can help you have more informative conversations with your doctor about your specific needs as you manage ATTR-CM or hATTR-PN.

This guide is designed to support a larger conversation about your:

- Experience with ATTR amyloidosis
- Expectations for treatment
- Treatment options available

Check the answers that best apply to you and take this tool to your next doctor's visit.

1. Treatment journey

Where are you in your journey of living with ATTR-CM or hATTR-PN?

Suspected diagnosis, awaiting confirmation
Recently diagnosed, seeking treatment
On treatment currently, exploring other options

Important Safety Information

What are the most important things I should know about AMVUTTRA?

AMVUTTRA can cause low vitamin A levels

Treatment with AMVUTTRA lowers the amount of vitamin A in your blood. Your doctor will tell you to take a vitamin A supplement every day. You should not take more than the amount of vitamin A recommended by your doctor.

Low vitamin A levels can affect vision. If you have problems with your vision (e.g., night blindness) while taking AMVUTTRA, talk to your doctor. Your doctor may refer you to an eye specialist.

Please see additional Important Safety Information on page 6, and full Prescribing Information.

2. Recent symptoms

Select any symptoms you feel have worsened or new ones you have noticed:

Heart-related symptoms

Abnormal heart rhythms (arrhythmias)
Irregular heartbeat
Shortness of breath
Fatigue
Fainting
Leg swelling (edema)



Bodily function-related symptoms

Digestive issues (nausea and vomiting, diarrhea, constipation)
Dizziness upon standing
Recurrent urinary tract infections (UTIs)
Abnormal sweating
Sexual dysfunction
Unintentional weight loss



Nerve-related symptoms

Tingling
Numbness
Burning pain
Loss of sensitivity to temperature
Loss of movement control
Weakness



Muscles, joints, and tendon-related symptoms

Carpal tunnel syndrome
Lumbar spinal stenosis
Biceps tendon rupture
Rotator cuff injury
Osteoarthritis
Trigger finger



If none of the above:

I have not experienced any new or worsening symptoms

Other _____

You may not have all of these symptoms at once or experience all of them over time. Each person with ATTR amyloidosis has a different experience.

Important Safety Information

What are the common side effects of AMVUTTRA?

The most common side effects of AMVUTTRA were pain in the arms or legs, pain in the joints, shortness of breath, and low vitamin A levels.

These are not all the possible side effects of AMVUTTRA. Talk to your doctor about side effects that you experience. You are encouraged to report negative side effects of prescription drugs to the U.S. Food and Drug Administration (FDA).

Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see additional Important Safety Information on page 6, and full Prescribing Information.



3. Daily activities

How much has your condition affected your ability to do common daily activities?

Social activities (for example, seeing friends and family)			
Not at all	Somewhat	Very much	Extremely
Walking			
Not at all	Somewhat	Very much	Extremely
Hobbies			
Not at all	Somewhat	Very much	Extremely
Chores			
Not at all	Somewhat	Very much	Extremely
Working			
Not at all	Somewhat	Very much	Extremely

Notes: _____

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4. Unplanned visits

If you have ATTR-CM, how many times have you visited urgent care or been hospitalized for heart-related symptoms in the past year?

- No emergency room or urgent care visits
- 1-2 visits
- 3-4 visits
- 5 or more visits

Notes: _____

5. Treatment goals

When considering a treatment for ATTR-CM or hATTR-PN, what's most important to you?

- Slowing down the progression of my symptoms
- Living longer
- Having fewer heart-related hospital visits
- Focusing on my independence
- Participating in social activities

Notes: _____

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6. About AMVUTTRA® (vutrisiran)

Which topics about treatment with AMVUTTRA are you most interested in discussing with your doctor?

- How AMVUTTRA works to treat my condition
- How AMVUTTRA is given and when
- What the clinical study results may mean for me
- What side effects are possible

Notes: _____

Want to know more?

Here are some in-depth questions to ask your doctor about AMVUTTRA:

- AMVUTTRA was proven to help people living with ATTR-CM and hATTR-PN. What do the clinical study results mean for someone like me?
- AMVUTTRA decreases the amount of transthyretin (TTR) protein made in the liver. How does AMVUTTRA work differently from other treatments?
- AMVUTTRA is injected 4 times a year by a healthcare provider. Where would I receive my injections and how long would it take?

Ask your doctor if AMVUTTRA is right for you.

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Indications and Important Safety Information

Indications

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For additional information about AMVUTTRA, please see the full Prescribing Information.



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